



**GILDA'S CLUB
CHICAGO**

An Affiliate of the
CANCER SUPPORT COMMUNITY

IMPACT REPORT 2023

WITH GILDA'S CLUB CHICAGO

Community is Stronger Than Cancer

We have seen firsthand the power of connecting individuals and families who are navigating the challenges of a cancer diagnosis. Through our programs and services, we provide a safe and welcoming space where people can come together, share their stories, and find support from others who truly understand.

16,321

VISITS TO ACTIVITIES

3,172

COMMUNITY PARTICIPANTS

3,865

ACTIVITIES

2,335

NEW TO GCC

64%

Living with Cancer

24%

Support Person

8%

Bereaved

5%

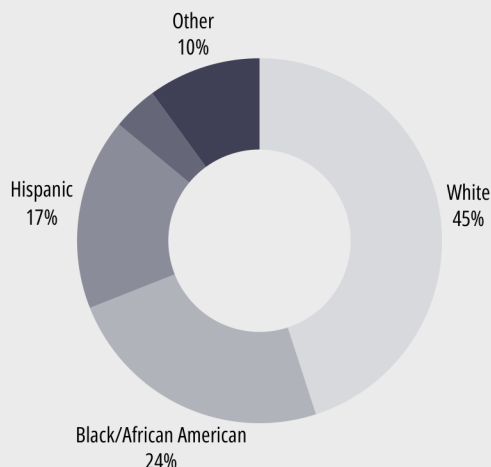
Healthcare Professional

Our Community

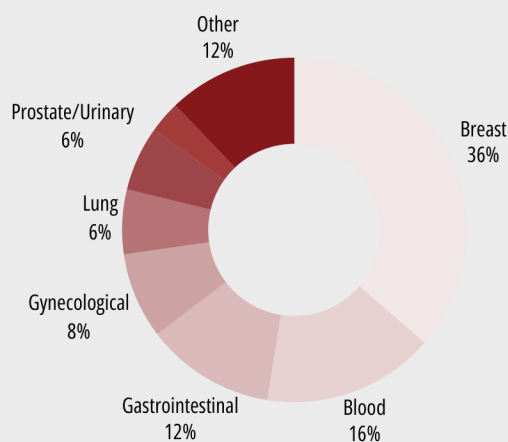
The Gilda's Club Chicago community is as unique as the city we call home. By collaborating with local hospitals (such as Advocate Health Care, Northwestern Medicine, Mount Sinai, Howard Brown, and Ascension), faith communities, and Blue Door Neighborhood Centers, Gilda's Club Chicago's programs reach diverse communities across Chicagoland.

We know cancer doesn't discriminate, so Gilda's Club is for **EVERYONE** impacted by cancer across gender identity, age, ethnicity, cancer type, and religious belief.

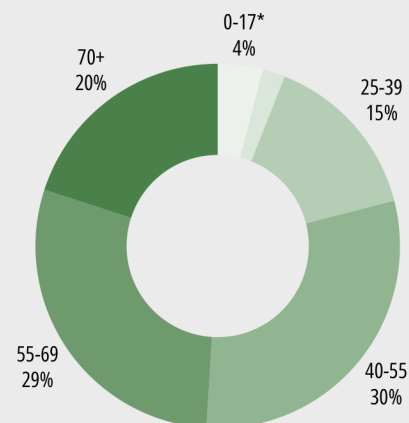
RACE/ETHNICITY



CANCER TYPE



AGE



*Does not include students who received GCC @ School programming.

The Power of Gilda's Club Chicago

The benefits of our programs are profound. Gilda's Club Chicago uplifts and strengthens people impacted by cancer by providing support, fostering compassionate communities, and breaking down barriers to care. From our main Clubhouse, our partner hospital sites, and community and faith centers to our online platform and website that can be accessed 24/7, we provide a wide range of support services, including counseling, educational workshops, support groups, and social activities.

92%

would recommend
Gilda's Club Chicago



"I found it to be something really necessary in my life. Talking to people that have actually walked the journey and that really understand what you are going through, it makes a total difference. You don't have to be afraid or ashamed to say what you are going through." Ollie

82%

Agree their **quality of life** improved



"The emotional support and helpful medical information from the weekly cancer support groups and educational sessions at Gilda's Club are essential to maintaining my mental health and improving my communication with my loved ones as I navigate my cancer and its treatment." Jenima

79%

Agree they **improved emotional well-being**, enabling better coping with distress

Top 3 changes made by community members after attending Gilda's Club Chicago programs:

1 Developed **new friendships** & built **community**

2 Increased practice of **stress reduction activities**.

3 Increased time **exercising**.

"Gilda's Club helped me get through cancer — and helped my wife as a caregiver — beyond measure. And now, Gilda's Club continues to provide a sense of community. I'm so glad Gilda's Club was there when we needed it."

Brendan



Agree they feel **more empowered to manage** their or their loved one's **illness successfully**

81%



The Team

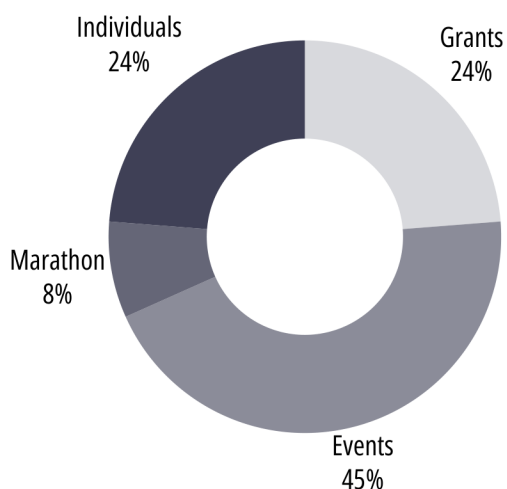
The Gilda's Club Chicago team is comprised of 15 full-time compassionate and caring humans and 1 very good therapy dog, plus 39 contracted facilitators who help carry out our more than 250 monthly activities. This small but mighty team ensures our community is safe and welcoming to everyone in the Chicagoland area who has been impacted by cancer.

Together, we believe **COMMUNITY IS STRONGER THAN CANCER**



Every donation demonstrates our shared commitment to ensure that no one faces cancer alone. Gilda's Club Chicago is 100% privately funded with every donation coming from generous supporters like you. We rely on our community's generosity to keep our programs free to everyone impacted by cancer. We are filled with gratitude for the individuals that make donations, the Team Gilda runners that run on behalf of us in the Bank of America Chicago Marathon, the Foundations that provide critical funding through grants, the businesses that partner with us for Third Party Events, and everyone that attends or serves on a committee for our events throughout the year. There are many ways to give and so many people to help.

Funding Sources



Why We Support

"We support Gilda's Club because of their dedication to the community. We have both experienced cancer within our families, and to see the barriers that Gilda's removes for families experiencing cancer through their innovative programs, service and love is more than we could have ever imagined. It was an absolute no-brainer to make sure we gave back to Gilda's through our Treadmill Mentality Foundation to continue to prove that Community is Stronger Than Cancer."



Taylor Houston & Jevon Carter
Treadmill Mentality Foundation



"I just felt like I belonged. I felt like I was really taken care of. I have wonderful doctors, wonderful family, wonderful friends, but this community is really something special that I've never found before in any other part of my life. That is why I am thankful that I can turn that back around and make a difference in someone else's life."

Karen Xaverius

Member, Associate Board, 2023 Team Gilda

86
TEAM GILDA
RUNNERS
IN 2023