



## Gilda's Club Chicago Hospital Yoga Facilitator Position Description

### Position Summary

Gilda's Club Chicago's (GCC) Yoga Facilitator is a contracted position responsible for facilitating weekly yoga/meditation classes and individual sessions, for people impacted by cancer, in the hospital setting. Reporting to the Associate Director Hospital and Community Programs, this contract position will operate in full compliance with Gilda's Club Chicago's philosophy and mission.

**Qualifications Required:** A certified yoga instructor. Experience with class facilitation and stress reduction techniques for individuals. The ideal candidate will have experience and/or training working with individuals with cancer. Spanish language fluency is a plus.

### Responsibilities:

- Instruct group yoga classes; including restorative, chair and other types of class.
- Provide individual relaxation sessions in the infusion/chemotherapy clinic or hospital rooms.
- Maintain attendance records
- Encourage continued participation of attendees
- Promote all programs offered at Gilda's Club's Clubhouses and in the hospital.
- Work with Gilda's Club Chicago and hospital staff to increase awareness and attendance.

### Accountabilities:

- Participate in initial orientation and annual training regarding Gilda's Club Chicago's philosophy and mission.
- Complete hospital orientation process, including criminal background check, mandated vaccinations, medical screening and training.
- Communicate with the Associate Director/Program Manager regarding concerns.
- Contractor shall be responsible for insurance, including liability insurance, as GCC may reasonably require. Contractor shall provide GCC with a Certificate of Insurance, listing GCC as an additional insured.

*\*\*\_Gilda's Club Chicago is committed to workplace diversity and inclusion. We are an equal opportunity employer and do not discriminate in hiring or employment on the basis of race (including hairstyle/texture), color, religion, gender, gender identity or expression, sexual orientation, age, disability, marital status, citizenship, national origin, veteran status, or any other characteristic protected by law.*

### Please Submit Resumes To:

Kelly Walsh, Associate Director Hospital and Community Programs

[kellywalsh@gildasclubchicago.org](mailto:kellywalsh@gildasclubchicago.org)